

2021 DAN ALCH'S CAMP OF *Champions*

AUGUST 20-21-22

RIGERT ELITE GYMNASTICS

TROUTDALE, OREGON

831 NW Corporate Dr, Troutdale, OR 97060

CAMP COST: \$600

Coach Clinics \$250 (10 Athletes 1/2 off a coach)

Contact: Natalie Gym Phone: 503-912-0325

6-7 hours a day of gymnastics!
With great rotations
Coaches' Clinics each day

Athletes Levels 2 to Elite & Xcel
National & International
level coaching

The goal of the clinic is to give the athletes the opportunity to work with and socialize with some of the premier coaches and former national and international athletes. We feel that this clinic will benefit the athletes both physically and mentally. During these camps we will provide a high energy and exciting experience for athletes from levels 2-Elite, introducing new skills and philosophies of training. We hope these camps will have a profound impact, not only in the short term but throughout their gymnastics careers.



- 2019 STAFF CAMP OF CHAMPIONS -

JOE RAPP

Head Coach, Hawaiian Island Twisters

MIKE HUNGER

Head Coach, Twin City Twisters

DERICK MOELLENBECK

National Team Coach

MIKE LYNCH

Olympic Coach

RAJ BHAVSAR

2008 Olympian

JEFF LUTZ

Owner/Head Coach Gymnastics Plus

QUIN SHANNON

2018 USA educator of the year

GEORGE HERY

World champion, trampoline

STEVE ARKELL AND GABRIELA AVILEZ-ARKELL

Former USA and Canadian National Team coach and Co-Head coaches
Maverick Gymnastics Texas

BRAD LOAN

National Team Coach

PETE DOYLE

Nor-Cal

TERIN HUMPHREY

2004 Olympian

MARY WRIGHT

Olympic Coach

FRANK & JOHNNA KUDLAC

Achievers Gymnastics Owners

VLADAMIRE ARTEMOV

Olympic AA Champion (4 Gold medals)

NOMI NILSON

Professional Dancer California

IVAN ALEXOV

National Staff

WALLY MEIERAREND

GAGE Center

PAULA & TONY GEHMAN

National Team Coach

RHONDA FAEHN

3-time NCAA National Champions
University of Florida and 1988 Olympic alternate

KEVIN MAZEIKA

3 X Olympic Team Head Coach

MIK NELKE

Camp legend

MOHINI BHARDWAJ

2004 Olympic Silver Medalist, Team
Captain & 4x NCAA Champ

GEORGE KOSTADINOV

Former Bulgarian National Team member

CHELLSIE MEMMEL

2008 Olympian
2005 World All Around Champion
2003 world Champion UB

CLIFF PARKS

Philippine National Team Coach

JOHN FIGUEROA

USA championship coach also
Coaches 2 NCAA Teams
to National championship